



1 Complete the sentences for you. Use the words in the box.

- always
- usually
- sometimes
- ~~often~~ *hardly*
- hardly ever
- never

- a I _____ play outside after school.
- b I _____ comb my hair in the morning.
- c I _____ brush my teeth at night.
- d I _____ wash my hands before meals.
- e I _____ walk to school.

2 Write the words in the correct position.

- a I go to bed early. (hardly ever) _____ T / F
- b I come home before 3pm (usually) _____ T / F
- c My dad has a shower in the morning. (always) _____ T / F
- d I make my bed in the morning (sometimes) _____ T / F
- e I do my homework in the evening. (always) _____ T / F
- f We go to school on Sundays. (never) _____ T / F
- g We go to the park at the weekend. (hardly ever) _____ T / F

3 Are the sentences true for you? Circle T (true) or F (false).



3 Read and colour the stars.

We use **always**, **usually**, **sometimes**, **hardly ever**, **never** + **present simple** to talk about how often we do things. These words go **before** the verb:

- I **always** play outside. ★★★★★
- I **usually** play outside. ★★★★★
- I **sometimes** play outside. ☆☆☆☆☆
- I ~~often~~ **hardly ever** play outside. ☆☆☆☆☆
- I **never** play outside. ☆☆☆☆☆

4 Read and match.

- a I always have a shower in the morning. 0 days a week
- b I sometimes go to bed early. 5 days a week
- c I usually wash my hands before meals. 3 days a week
- d I hardly ever brush my teeth after lunch. 7 days a week
- e I never comb my hair. 1 day a week

5 Read and circle the correct word. Listen and check.

Thomas is very neat and tidy! He (a) always / sometimes combs his hair in the morning. He (b) **always** / never brushes his teeth after lunch. He (c) **usually** / hardly ever plays outside. He (d) **usually** / hardly ever goes to bed early.

Tyler is very different! He (e) **hardly ever** / usually combs his hair in the morning. He (f) **never** / always brushes his teeth after lunch. He (g) **always** / sometimes plays outside after school. He (h) **always** / hardly ever goes to bed early.

